







# **PILOT WEATHER FROM SOLO TO THE AIRLINES**

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Pilot Weather: From Solo to the Airlines

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To all of our students of weather...



	CONTENTS	
		2
Pre	eface	<i>xi</i>
1		7
1	I he Atmosphere	1
2	Clouds	9
3 4	Atmospheric Pressure	
5	Temperature Moisture and Precipitation	43
6	Fog	53
7	Visibility and the Weather that Restricts It	61
8	Air Masses	
9	Fronts, Frontal Weather, and the Life of a Low	75
10	Boundary Layer Winds and Low-Level Wind Shear (LLWS)	87
11	General Global Circulation (Semi-Permanent Weather Features/Three-Cell Model)	103
12	Airframe Icing	113
13	Turbulence	133
14	Mountain Waves (Gravity Waves and Mountain Winds)	147
15	Thunderstorms	157
16	METARs (Weather Reports)	171
17	Terminal Aerodrome Forecasts (TAFs)	183
18	Graphical Forecasts for Aviation (GFA)	193
19	SIGMETs, AIRMETs and CWAs	201
20	Upper Winds and Temperatures (FBs)	211
21	Altimetry	219
22	Weather Information and Sites	227
23	Surface Charts	237
24	The Tropopause, Thermal Wind and Jet Streams	243
25	Significant Weather (SICWV) Charts	255
20	Significant weather (SIGWA) Charts	203
27 28	Airborne Weather Radar	· · · 2/1 281
20	Satellite Weather and "Over the Top" Operations	2.80
30	Hurricanes—How They Form and the Curve Balls They Can Throw!	207
31	Space Weather and "Over-the-Top" Operations	
	r	

#### CONTENTS

32 Volcanic Ash	315
33 Weather Across Canada—Some Climatology	23
Appendix I: Cracking the Code (Airport Codes)       3	39
Appendix II: Time for Weather (Zulu Time)    3	41
Appendix III: Doug's Story (There I was)    3	45
Glossary	47
Index	67
Acknowledgements	75
About the Authors	77









While you may master one or more musical instruments
you may never compose a score or even write a single
line of music. Similarly, you may never know enough
meteorology to become a professional forecaster, but you
can learn enough to be a better pilot.
The Internet has now become a rich source of
those not-so-flattering scratched-up "foggles." Except for the
occasional magazine article, most pilots rarely attempt
to advance their core knowledge of weather and weather
planning. Moreover, it is rarely done in concert with any
one-on-one coaching from a weather savvy instructor
who is equipped to take you beyond the basics.

weather guidance for pilots. Pilots almost have too many Many low-time pilots feel that as they accumulate choices. Online resources for pilots have continued to flying experience it will somehow all just fall in place blossom to the point where so many more useful weathand someday they will acquire the weather knowledge er guidance and tools has emerged that it has become they were always missing. According to an NTSB safety difficult for pilots to know what guidance to use and study, this is not the case: how to integrate that information successfully into their "It appears that pilots generally require formal training to preflight planning ritual. obtain weather knowledge and cannot be expected to acquire You don't have to be a pilot very long to know weathit on their own as they simply gain more flight experience."

You don't have to be a pilot very long to know weather will disrupt your flying activity more than any other physical factor. Instrument rated pilots have a few more doors of opportunity, but learning to decipher what is behind these doors is typically more challenging. Adverse weather such as thunderstorms, turbulence, airframe icing and fog are the heavy hitters when it comes to developing a plan to limit your exposure to adverse weather. it on their own as they simply gain more flight experience." In the end, Mother Nature doesn't discriminate; she doesn't care how many hours are in your logbook. While experience is important, education is the key to a long flying career. Congratulations on buying your complete A-to-Z weather book, written for American pilots. Whether you are starting from hour zero or you've amassed thousands

weather book, written for American pilots. Whether you are starting from hour zero or you've amassed thousands Learning to fly requires the pilot master many, many of hours as an airline pilot, this will be the book you disciplines and techniques. A pilot's formal and recurrent keep during your entire aviation career. It covers a training is heavily weighed on stick and rudder skills, in gamut of aviation weather topics, from the ins and outs other words, how to *fly* the aircraft. Additionally, inof weather theory to the reading and interpretation of structors place a lot of emphasis on instrument procedaviation weather reports. True, this is *the* weather book ures and avionics and how to negotiate safely within the for American pilots, but it also caters to the air traffic National Airspace System (NAS). Once we get our certificontroller, the flight service specialist, the new upstart cate or additional ratings, we hear the ubiquitous stateflight dispatcher, or the Canadian pilot wanting to ment that it is a beginning, not an end to our learning. brush up on weather south of the border.

As a result, we practice landings and takeoffs until we can impress our friends and relatives. We practice instrument approaches to minimums until we're tired of wearing hend it.

## PREFACE





This generic airliner represents **DOUG** conversing in first person.



This symbol symbolizes **WEATHER RELATED ACCIDENTS**. Fortunately, it has been sparsely used.

## LETS GET STARTED....

This Cirrus icon denotes **SCOTT** speaking in first person.



This symbol reflects WEATHER FACTS and TRIVIA.



Until recently, a roly-poly man with a white beard and red suit flew the only scheduled polar flight—and even then it was only once a year. But the opening of Russian airspace in the late 1990s created new opportunities. Now, many international airlines launch daily "over the top" flights. By flying a polar route, airtime can be reduced by 60 to 90 minutes. This means huge fuel savings! Duty time for aircrew is also lessened. Duty time may not seem like a big issue, but it easily enters the equation if a less-productive route is flown. Additionally, turbulence is less prevalent on polar flights because jet streams are corkscrewing around the globe farther south. There are no weather fronts to contend with—and rarely any thunderstorms! But this newfound flight path comes with many restrictions and new meteorological and environmental considerations.



Flights operating north of 78° North latitude are deemed "polar" flights; thus, special procedures and policies associated with polar operations

### **SPACE WEATHER HURDLES**

**Solar Cycle and Sunspots:** The number of sunspots Polar flights present some unique obstacles, especially fluctuates over time in a somewhat consistent 11-year when it comes to space weather. Space weather is defined cycle called the *solar or sunspot cycle*—the exact length as the conditions created on Earth from activity on the of the cycle can vary. More sunspots mean increased solar surface of the sun. But non-solar sources, such as GCR activity. Sunspots are the source of the solar flares and (Galactic Cosmic Rays), can also fall under the umbrella coronal mass ejections that send charged particles hurtof space weather, since they substantially affect condiling toward Earth, which can damage satellites, produce tions near or on Earth. power grid surges, and cause aircraft radio blackouts.



Erik Ritterbach's photo

**Our Sun:** Solar activity fluctuates in cycles. During the peak period, *solar max*, a great number of solar flares and CMEs (Coronal Mass Ejections) are produced. Coronal mass ejections are massive clouds of hot gases and magnetic force fields. You will soon learn that these ejections actually *reduce* radiation emanating from outside our solar system. Wherever CMEs go, cosmic rays are deflected, as the CMEs "push" the GCRs away from Earth. Occasionally, the CMEs are strong enough to increase the dose of radiation Earth receives, but it is rare.



Sunspots are temporary intense magnetic activities that appear as dark spots on the sun. About every 11 years, the sun starts to look like it has

a case of bad acne, as sunspots break out all over. Midway through the cycle, the blotches vanish.

On a lighter note, the increased sunspot activity produces dazzling displays of auroras above our planet. The duration of these storms is on the order of days, with the strongest storms persisting for almost a week. The highest number of sunspots in any given cycle is designated the solar max*imum,* while the lowest number is the *solar minimum*.



Figure 31-1: Nick Czernkovich's photo, taken north of Yellowknife, Northwest Territories. He captured a dazzling display of vibrant green aurora borealis (northern lights)-a perk of northern flight.

Galileo and other European astronomers observed ್ಷವ್ರಿ sunspot activity over 400 years ago. They described Million 1 the spots as blemishes on the sun's surface and even speculated about their origin. Over the years, sunspots have become a standard reference point when discussing the sun's variability and activity.

Solar Minimum: According to NOAA (National Oceanic and Atmospheric Administration) and NASA (National Aeronautics Space Administration), the sunspot cycle hit an unusually deep bottom from 2007 to 2009. In fact, in 2008 and 2009, there were almost NO sunspots. Due to the weak solar activity, galactic cosmic radiation on Earth was at record levels!



**Solar Maximum:** The sun's record-breaking period of inactivity ended in 2010. We are now in Solar Cycle 24, which peaked in 2014. When it arrived, the peak of the 11-year sunspot cycle brought more solar flares, CMEs, and geomagnetic storms. However, this cycle produced a lower number of sunspots than the average of previous cycles.



Figure 31-2: Solar cycles and sunspot activities. We are on cycle 24, which peaked April 2014, but proved to be the tamest cycle in 100 years. The vertical axis depicts the number of sunspots, with years shown on the horizontal axis. Note: Galactic cosmic radiation is at a minimum on Earth during solar maximum, but during solar minimum more radiation can reach the earth! (NASA's photo.)

**Electromagnetic Radiation:** The sun's electromagnetic surpass the sun in terms of violence. When a primary cosradiation spans the radio: infrared, visible, ultraviolet, mic ray produces many secondary particles, we call this a X-ray spectrum and beyond. Electromagnetic radiation cosmic-ray air shower. Cosmic rays can't be completely moves at the speed of light, and begins to affect the stopped by any known shielding technology. At commer-Earth's atmosphere around *eight minutes* after it leaves cial jet aircraft operating altitudes, the percentage of the surface of the sun. GCR in the skies at solar minimum is 20% to 100% higher than it is at solar maximum; GCR increases with alti-Solar Radiation: In addition to electromagnetic radiation, tude and latitude.

the sun *constantly* ejects clouds of matter in the form of Solar protons, unlike GCR, are relatively easy to stop subatomic particles known as *solar protons*. You may see with materials such as aluminum or plastic; their interthe term SPE (Solar Proton Event), but because these action with other particles may generate highly energetevents include other nuclei like helium ions and lots of ic secondary particles that provide a dose of radiation electrons, the event is commonly deemed a *solar particle* -but this is rare. Radiation *may* increase beyond recom*event*. The collective term for these clouds of streaming mended human dosage levels, but this will probably only particles is the *solar wind*, and it is always present to occur during a SPE and not just from solar wind alone. some degree. The solar wind generally travels at speeds well below the speed of light, taking two to four days to Cosmic radiation makes up, on average, about reach the earth. During periods of increased activity, 17% of the natural background radiation to which this speed increases, and the strength and direction of we are all exposed. The rest consists of radon gas the earth's magnetic field changes. The polar auroras (50%), radiation from minerals in the soil (20%), and radia-(northern and southern lights) become larger and more tion in our bodies from food and water (13%). These numbers vivid, but the ability of the ionosphere to propagate HF vary, with altitude and latitude being big players. But don't (High Frequency) radio signals is reduced, and GPS navigive up on being a pilot and become a train engineer to avoid gation accuracy may be impacted. This proton invasion the cosmic risk! You would have to fly 100 one-way flights is of insufficient energy to contribute to the radiation between New York and Los Angeles to acquire the same exfield at aviation altitudes. However, on occasion, proton posure as you get from other sources of natural background particles are produced with sufficient energy to peneradiation in one year! trate the earth's magnetic field and enter the atmosphere. Such events are comparatively short lived and At jet aircraft altitudes during solar minimum, vary with the 11-year solar cycle; they are most frequent GCR is 2.5 to 5 times more intense in polar regions at solar maximum. Polar routes may not be practical than near the equator. during these events, since navigation and communication may be affected, plus the presence of proton par-Most of the cosmic radiation that may possibly ticles produces a higher risk to human health. In most affect crew members and frequent flyers originsituations, protection is provided by three phenomena: ates from galactic cosmic rays—outside of our solar system. the sun's magnetic field, the earth's magnetic field, and the The activity of the sun can reduce or increase this flux of earth's atmosphere. particles from space, but the sun itself is a weak source of cosmic radiation.

Galactic Cosmic Radiation (GCR): Radiation emanates from outside the solar system, exposing us to other **Units and Dosage:** Radiation absorption is measured in sources besides the sun. In fact, most of the radiation Sievert units, usually millisieverts (mSv) and microsieverts that hits the earth does not come from the sun. Cosmic ( $\mu$ Sv). The mSv is used for yearly exposure measurerays (GCR) are supercharged subatomic particles originatments, whereas the  $\mu$ Sv (a thousand times smaller) is a ing from exploding stars and black holes; these rays greatly more practical unit for hourly radiation dose. The FAA's maximum recommended annual dosage increases to 20 mSv for people occupationally exposed, such as medical workers and NEWs (Nuclear Energy Workers). This recommended amount of radiation can be averaged over a 5-year period, with a maximum of 50 mSv in any one year. Pilots flying about 900 hours annually (at North American latitudes) will typically receive a total annual dosage of 2 to 4 mSv.

Aircrew and passengers run a slightly higher risk of cosmic radiation exposure at higher flight levels, and this risk increases toward the poles. Four factors affect the potential dose of cosmic radiation: latitude, altitude, solar activity, and flight duration. The atmosphere offers less protection at higher altitudes, with protection also lessening toward the poles.

The atmosphere is thinner at the poles, and the Earth's protective magnetic field also decreases poleward. Less atmosphere means stronger particles, as it is atmospheric interaction that protects against penetrating radiation.

Incoming cosmic radiation is redirected by the Earth's magnetic field; in general, radiation shielding is greatest at the equator and decreases as one goes north or south. The magnetic field that forms a cocoon around the earth is called the *magnetosphere*. However, near the magnetic north and south poles, the magnetic field points

directly towards the ground. A resultant funnel-shaped hole develops, called a *polar cusp*, allowing particles from space to infiltrate toward the surface more easily.

As mentioned, protection decreases progressively by a factor of two to three toward the poles, to reach a minimum protection in Canada's north in relation to the equator. In Russia, protection is present much further north, because the magnetic pole is significantly skewed toward our side of the planet in Northern Canada. As a result, Canadian domestic airspace is similar to the polar regions in terms of the weakness of its magnetic protection.

Magnetic North is moving northwest about 40 miles a year towards Russia (Siberia). Presently, it is nearing the geographic North Pole. You'll notice that runway numbers change now and again to compensate for this shift. I soloed on runway 24 in Halifax 38 years ago, but several years ago it was renamed runway 23.

The second source of radiation protection is the *atmosphere*. The more you have above you—the better. Atmospheric interference can reduce the intensity of the GCR by a factor of 100 depending on its thickness. In general, ambient radiation increases by approximately 15% for each altitude increase of around 2,000 feet at the same latitude.



Figure 31-3: shows how the earth's magnetic field provides protection, which diminishes as the lines of magnetism become vertical at the magnetic poles. (NASA's photo.)

The atmosphere is a huge buffer against cosmic radiation, so it's something to take into consideration when taking your "biz jet" up to FL 470. Even though fuel burn decreases with altitude, cosmic radiation increases! And if you plan on moving from near sea level to take up basket weaving in Nepal nestled in the Himalayans, you will be exposed to more radiation there, too.

There is a popular fallacy which insists that flights over the polar routes receive more radiation. But a recent hood of developing cancer would increase by 0.4%. The over-ACPA (Air Canada Pilot Association) study showed that all risk of cancer death in the western population is 23%: Boeing 777 pilots that fly the polar routes have the lowthus, cosmic radiation exposure raises that risk from 23% to est average dose rate, of 4.5 µSv/hour, compared to an 23.4%. At least, so says one study found floating amongst Embraer crew which clocks in at 6.5 µSv/hour. One exthe cosmic universe of the Internet. ③ planation has to do with altitudes. When Doug flew the polar routes, it would take nearly ten hours for the air-**Monitoring Cosmic Radiation** craft to be light enough to climb to maximum cruising There are third-party companies that assess estimated altitude. At lower altitudes, the air above offered protecradiation exposure to pilots. One such company, the Ottion, even though the flight was over the pole. As flights tawa-based PCAire (Predictive Code for AirCrew Radiation fly south into Russian airspace, more and more protec-*E*xposure), allows Doug to log onto their site to determine his exposure for each flight flown. Passengers, especially tion is obtained as the magnetic pole gets further away. As a result, longer domestic flights, and transcontinentfrequent flyers, can also log in and set up an account. als or "Transcons" on the Embraer and Airbus A320, wind up with higher dose rates. Doug flew hundreds of My dose report for the last twelve months was Transcons on the Airbus A320. 3.5 mSv.

These services measure the full range of radiation from The intensity of radiation due to solar activity is much smaller than that caused by higher altiboth primary (sun) and secondary (outer space) sources. tudes or higher latitudes. There is about a 40% By using flight plans, years of measurements from onboard flights, and observations of the sun's activities, a decrease in intensity from solar minimum to solar maximum fine-tuned value for an individual's radiation exposure conditions. can be determined.

#### **Cosmic Radiation Myths**

It does not matter if you fly day or night, and for passen-Pilots that fly at low altitudes (in unpressurized gers, it does not matter if you sit in a window or aisle aircraft) are exempt from these readings because seat. GCR penetrates the aircraft from the top, sides and flights below 15,000 feet receive negligible radiation exposbelow. The only way to truly escape GCR is to fly in a ure and are omitted from the reporting data. That Twin Otter concrete or lead enshrouded aircraft-and even then, job, island-hopping in the Caribbean wearing Bermuda the shield would have to be extremely thick. Remember shorts, sounds more and more appealing. 😳 that the substance in question is cosmic radiation and not ultraviolet radiation. Cosmic rays and charged par-The SST (Supersonic Transport) Concorde entered ticles occur in different ranges on the electromagnetic service in 1976, retiring in 2003. From the outset, spectrum, hence different frequencies, wavelengths and cosmic radiation (both galactic and solar) was known to most importantly, energies. present a hazard at cruising altitudes of 50,000 to 60,000

Of all of the sun's emissions, it is actually UV rays that pose the greatest risk to human health i.e. potential skin cancer especially melanoma. Wearing a baseball cap, sunscreen lotion, and a long sleeve pilot shirt with huge sunglasses will not stop cosmic radiation, but will provide needed protection from UV rays.

If a pilot accumulated a cosmic radiation dose of 5 mSv per year over a span of 20 years, his likeli-

feet. The Concorde came installed with permanent radiation monitoring equipment, amassing tons of data. But keep in mind: the time this model spent exposed to higher values was less because of its speed.

Route	Average Dose Rate (µSv/hr)
Domestic < 1.5 hr	3.2
Domestic > 1.5 hr	6.2
California	5.6
Florida	5.0
Caribbean	4.8
Mexico	4.8
Asia	4.5
Europe	5.8
Southern Hemisphere	3.7

Figure 31-4: Dose rates per hour for various destinations from a recent study. The good news is that these rates were observed during low solar flare activity in 2009 (which results in higher cosmic radiation). Consequently, one can expect that in most years the exposure should be less than these values. In comparison, the average dose rate for the SST Concorde was 12 to 15 µSv per hour.



A typical annual dose for an airline pilot is 2 to 4 mSv. A chest X-ray is 0.4 mSv, a mammogram is 0.7 mSv, and a CAT scan of the chest is 8 mSv—

almost two to three years of airline flying. An angioplasty (heart study) may be as high as 57 mSv!

NOAA categorizes the potential impact of electromagnetic and solar radiation by ranking these levels on a severity scale from S1 to S5. The National Oceanic and Atmospheric Administration's (NOAA) Space Environment Center (SEC) operates a worldwide network of sensors, maintained primarily through satellite data. S1 and S2 allow for a safe journey, whereas an S5 is equal to about 100 chest X-rays. Forecast levels of S4 and S5 prohibit polar flights (above 78°N), with S3 imposing lower altitudes or a more southerly polar route.

#### **Solar Radiation Storm Scale**

**\$5** (Extreme) High radiation hazard to commercial jets (equal to 100 chest X-rays), loss of some satellites, no HF communications in polar regions.

S4 (Severe) Radiation hazard to commercial jets (equal to 10 chest X-rays), satellite tracker orientation problems, and blackout of HF radio at polar cap for several days.

\$3 (Strong) Radiation hazard to jet passengers (equal to 1 chest X-ray), permanent damage to exposed satellite components, degraded HF at polar cap.

S2 (Moderate) Infrequent satellite event upsets, slight effect to navigation and HF at polar regions. For this level and higher pregnant woman are particularly susceptible.

S1 (Minor) Small effect on HF radio in the polar region.

NOAA's Space Environment Center (SEC) operates a worldwide network of sensors that continuously observe conditions between the earth and the

sun. Their website offers excellent real-time information on electromagnetic and solar radiation. The frequency of occurrence for an S5 (extreme) is less than 1 per 11-year cycle; S4 (severe), 3 per cycle; S3 (strong), 10 per cycle; S2 (moderate), 25 per cycle; and S1 (minor) 50 per cycle.

Another element of flight impacted by space weather is radio reception. Again, NOAA broadcasts a five-level range of severity. High-frequency (HF) aircraft radios work by bouncing transmissions off the ionospheric layers, allowing for long-distance communications. A R5 rating means radio communication will not be possible for hours. Luckily, FANS (Future Air Navigation Systems) work through satellites, lessening the reliance on HF. FANS played a major role in making polar flights a reality.



The "extreme" R5 occurs nearly once in the 11-year solar cycle and blacks out the entire sunlit side of the earth for hours. The more common "strong" R3 blackouts occur at a rate of 175 per solar cycle and cause roughly a 1-hour communications blackout. The least problematic condition, a minor R1 radio blackout, occurs at a rate of 2,000 per 11-year solar cycle, resulting in a degraded or

lost ability to communicate for several minutes. For longrange flights that implement HF radio for communication and position reports, flight routes will be altered.

#### **Radio Blackout Scale**

**R5** (Extreme) Complete HF radio blackout on the entire sunlit side of the earth for a number of hours, navigational outages on sunlit side for many hours. Satellite navigation errors will ensue as well.

R4 (Severe) One to two hour HF blackout on sunlit side of Earth. minor satellite navigation disruptions.

R3 (Strong) Wide area of HF blackout, loss of radio contact for mariners and en route aviators for about an hour, low-frequency navigation degraded.

R2 (Moderate) Limited loss of HF radio, some low-frequency navigation signals degraded.

R1 (Minor) Minor degradation of HF, minor lowfrequency navigation signal degraded.

Yet another feature of space weather is the geomagnetic storm scale, which measures worldwide disturbances of the earth's magnetic field. It, too, is ranked from 1 to 5. A G1 rating indicates slight power grid fluctuations and minor impact to satellites, whereas a G5 is extreme and denotes possible power grid collapses, damaged transformers, and radio blackout in many areas for one to two days. During a G5, the unreliability of satellite navigation and communication, coupled with possible groundlevel power outages, puts a halt to polar operations.

Figure 31-5: The "original" four polar routes. Polar route #2 is the closest to the North Pole-about 60 nautical miles away. No polar route goes directly over the pole. Because travel "over the top" has increased exponentially in recent years, there are now TEN polar routes.



Geomagnetic Storm Scale
<b>G5</b> (Extreme) Power grids can collapse, transformers are damaged, spacecraft will see extensive surface charging, HF radio blackout in many areas for one to two days, low-frequency radio outage for many hours, aurora seen as low as the Tropics! Other systems: Satellite navigation maybe degraded for days. Even pipelines can be affected, with hundreds of amps running through them. Typically, a <b>G5-level storm</b> <b>occurs at a rate of 4 per 11-year solar cycle</b> .
<b>G4</b> (Severe) Voltage stability problems in power systems, satellite orientation problems, induced pipeline currents, HF radio propagation sporadic, low-frequency radio disrupted, satellite degradation for several hours.
G3 (Strong) Voltage corrections required on power systems, false alarms triggered on protection devices, ncreased drag on satellites, low-frequency radio navigation problems, aurora seen as low as mid- atitudes, intermittent satellite and HF problems. G3s occur at a rate of 200 per cycle.
<b>G2</b> (Moderate) High-latitude power systems affected, drag on satellites effect orbit, HF radio propagation fades at higher altitudes, aurora seen at latitudes of 50 degrees.
<b>G1</b> (Minor) Slight power grid fluctuations, minor impact to satellites, aurora seen at high latitudes (60 degrees).

### Adapting to Space Weather

What can be done about space weather? Airlines using polar routes have adopted the policy that flights will *not* be conducted if solar radiation, radio blackout, or geomagnetic storm activity is at level 4 or 5. Solar radiation



Figure 31-6: A Flight Level 350 temperature depiction of the North Pole and northern latitudes. The four "original" polar routes are superimposed on the chart. (WSI chart).

at level 3 requires polar flights to be conducted at FL310 or below. Hours before each polar flight, flight dispatch determines whether space weather is deemed safe. Sometimes varying the route or changing the cruising altitude guarantees a safe flight.



Electronic components of aircraft avionic systems are also susceptible to damage from cosmic rays, solar particles and the secondary particles generated in the atmosphere.

If for some reason your flight takes you directly over the North Pole, you should exercise caution due to the possibility of aggressive autopilot maneuvers when the heading fluctuates from north to west to east to south.

#### **Extreme Climate**

The extreme cold found in northern Canada and Siberia also has an impact on polar flights, as it can potentially freeze fuel. Flights into areas of -65°C must be restricted to 90 minutes or less. Depending on the aircraft, engine type, and type of jet fuel, the fuel on board may be analyzed and the actual-fuel-freeze point determined. Flight dispatch may data-link this actual-fuel-freeze temperature to the flight deck after the flight is airborne.

Years ago, while on a polar flight, this very problem came up for me: the jet fuel cooled to below -40°C, triggering a caution advisory in the fuel-temperaturemonitoring system. Our fuel had a freezing threshold of -47°C, making immediate action unwarranted. If the conditions had persisted, procedures would have required us either to descend into warmer air or increase speed. Speeding up increases adiabatic compression (heating) and surface friction hence TAT (Total Air Temperature) but the effect is marginal. (Remember: these flights are over the North Pole, so finding warmer air below is also highly unlikely in the middle of winter). Descending burns more fuel, as does increasing speed. Luckily, temperatures were forecast to warm up—and they did!

Flight dispatch monitors space weather websites dail for polar-destined flights. On most polar routes, th flight dispatcher will add comments on the flight plan For example: 1. No fuel-freeze issue 2. No solar issue expected 3. HF conditions reported fair.

#### **Suitable Alternate Airports**

Yet another consideration is the availability of suitable airports in case of a serious medical situation or othe emergencies, particularly in Arctic winters. Two Arctic survival suits, along with other environmentally appropriate clothing (boots, gloves, hats) are on board in cas one has to exit the airplane to coordinate services after landing. (Rest assured, the junior pilot will be delegate this task ). But think about it-landing a fully loade airliner with over 450 passengers and crew in a remot airport in harsh weather conditions is an emergency itself. No wonder many airlines remind pilots of this and caution them to land in the polar regions only dire situations.

One airport in close proximity of the transpola routes is Tiksi, Russia. Briefing notes highlight th fact that it lies in the coldest region of the north ern hemisphere, with temperatures possibly reaching as lo as -50°C (-58°F)!

It takes six hours to reach the North Pole from Toronto. From Toronto to London, England, th flight is only six hours and thirty minutes. It's a big count to the north! Keep in mind as well that, for polar flights, s to ten hours of fuel burn is necessary for a long-haul aircra to be light enough to reach optimum cruising altitude. Chicago to Hong Kong is about 16 hours.

	THINGS YOU SHOULD KNOW
•	Higher solar activity actually means a <i>lower</i> dose of radiation. Cosmic radiation reaching the earth is <i>more intense during a solar minimum</i> .
	flights are banned during radiation ratings of S4 and S5.
•	Geomagnetic storms and radio blackouts are also ranked in severity from G1 to G5 and R1 to R5, respectively.
•	<ul><li>Four factors affect radiation levels:</li><li>7. Altitude (the lower, the better),</li><li>8. Latitude (the further south the better)</li></ul>
	<ul> <li>9. Solar activity (the higher the activity, the lower the cosmic radiation).</li> </ul>
•	10. Duration of flight (the shorter, the better). Radiation absorption is measured in units of Sievert and fractions thereof: millisieverts (mSv) and sometimes microsieverts (μSv).
•	Our Earth is continuously bathed in high-en- ergy radiation known as GCR (Galactic Cosmic Radiation) emanating from outside the solar
٠	system. We are also exposed to sporadic bursts of ener- getic particles from the sun known as SPE
•	(Solar Proton Events). Coronal mass ejections are massive clouds of
	hot gases and magnetic force fields. These





For many pilots, airport identifiers seem like a mystery. why are some codes, such as CDG for Charles de Gaulle, Not to worry, it's not as complicated as the Da Vinci Code. France easy to crack, while Saskatoon, Canada gets sad-You're off to Chicago. You notice three mystifying dled with YXE?

letters—ORD—are assigned to this airport. Why the Years ago, the National Weather Service devised a confusing code? History has a lot to do with it. Airport two-letter identification system to keep a handle on codes may be designated based on geographical locaweather throughout the U.S. When aviation was in its tion, the name of the airport, or some sort of personal infancy, airlines simply adopted that system, but as major tribute. For instance, DEN for Denver, Colorado falls expansion occurred, more and more towns without under the first type, whereas New York's JFK designaweather stations needed codes as well. IATA, the Intertion honors President John F. Kennedy. The code for the national Air Transport Association, then created threeworld's busiest airport, Atlanta, is obvious (ATL). So letter identifiers for airports around the world. Canadian



APPENDIX I

# **CRACKING THE CODE**

This diagram lists the first letter of the world's ICAO codes.

weather offices associated with an airport use the letter Y, making it easy to identify Canadian airports, but difficult to remember individual codes. Some are easy to figure out: Vancouver is YVR, YWG means Winnipeg, and YQB designates Quebec City. But Toronto's Lester B. Pearson, the country's busiest airport, gets the not-soobvious designator YYZ.

Incidentally, ORD is named for Orchard Field, and that airstrip's moniker is a tribute to pilot Lt. Cmdr. Edward O'Hare. To make things more confusing, the ICAO (International Civil Aviation Organization) has also implemented its own four-letter identifier for each airport. These codes are used for flight planning, aircraft navigation computers, and weather info. You may be off to London, Heathrow (LHR), but you'll have to input the ICAO four letter equivalent-EGLL into the flight management computer. Want to unravel this code? It's E for northern Europe, G for Great Britain, L for London-controlled airspace and L for London, Heathrow airport. Canada and the United States use "C "and "K", respectively, for ICAO codes, so YOW (Ottawa) straightforwardly becomes CYOW and BOS (Boston) is KBOS. When you fly over Alaska a "P" is appended so Anchorage is PANC. If you fly in and out of Mexico and the Western Caribbean add an "M" with the Eastern Caribbean requiring a "T." BDA is Bermuda's IATA code, but TXKF is the ICAO code.

Doug and Scott know dozens and dozens of codes, but there are still a few they must look up—and you will too. Airport codes are "need to know" information, and many websites are now available to help bust the code. Interesting permutations can arise; in the name of research, we identified SEX for the airport Schacksdorf, Germany, FUK for Fukuoka, Japan, and HEL for Helsinki. Finland.

# APPENDIX II TIME FOR WEATHER

Aviation forecasts adhere to it; surface analyses, radar, longitude of Greenwich, England, as zero degrees and satellite pictures and upper air soundings have it apestablished the 24 time zones starting from Greenwich. pended to them; hourly weather observations around the Universal Time, based on the mean solar time in Greenworld abide by it. A weather observer might report -40°C wich, England, emerged and became known as GMT or in Alert (Canada's high Arctic), +40°C in Dubai, U.A.E., Greenwich Mean Time. and fog in San Diego all time stamped at 1000 Zulu. However, in 1972, GMT gave way to UTC (Coordin-

Everything related to aviation weather is inscribed in ated Universal Time, or Universal Coordinated Time), Zulu, and for some pilots, this can be a little daunting. which uses the much more precise cesium atomic clock Because weather moves freely and doesn't recognize to keep time. The atomic clocks consider the tiny hicpolitical boundaries, time must be consistent as it shufcups in the Earth's rotation of about one second every fles from time zone to time zone. Standardized time, year by incorporating leap seconds. But most time zones formerly known as Greenwich Mean Time, is now UTC. continue to compute their local time referencing the But why the confusing acronym UTC for Coordinated Prime Meridian located in Greenwich. Meanwhile, GMT Universal Time? Why the "Z"? And where is the beginno longer exists as a time standard, although the term ning of time? GMT is often incorrectly used to denote universal time.

#### THE BEGINNING OF TIME

In 1878, Sir Sanford Fleming, a Scotsman who immigrated to Canada, proposed the system of worldwide time zones we use today after noting the inconsistencies of time implemented by the railroad system. Most towns had their own local time based on when the sun peaked at high noon. Fleming recommended that the world be divided into 24 time zones, since the Earth turns one full rotation once every 24 hours. Though heralded as a brilliant solution to a chaotic problem, Fleming's time zone plan turned out to be difficult to implement, because each country wanted to be in possession of the "Prime Meridian of the World"—the place that the rest of world references when establishing time. After much debate, the Prime Meridian Conference selected the

Just as determining the location for the epicenter of the Prime Meridian proved difficult, finding a label for the UTC met with resistance as well-hence the peculiar acronym for Coordinated Universal Time. English speakers and French speakers each wanted a term that reflected their respective languages: "CUT" for "Coordinated Universal Time" and "TUC" for "Temps Universel Coordonné." This resulted in the final compromise of UTC.

#### WHERE DID "ZULU" COME FROM?

The military and NATO assigned each time zone a phonetic letter, with "Z" or "Zulu", standing for zero degrees longitude. Every letter is used except "J," which is reserved for denoting the current local time of the observer. This seems odd, since 24 time zones exist and 26



Time zones and their corresponding letters.

letters make up the alphabet—however the time zone bisected by the International Date Line utilizes two letters: "M"/"Mike" and "Y"/"Yankee."

Coordinated Universal Time (UTC) uses the 24-hour, or military, clock. For example, 3:00 p.m. in Montreal is 15:00 in military time. If you add 5 hours (to account for the discrepancy between Eastern Standard Time and Coordinated Universal Time), it is 2000Z (UTC). (You would only add four hours during Eastern Daylight Time). To confuse the issue Arizona and Hawaii do not observe Daylight Savings Time. Some places like Newfoundland, Canada and India, base their clocks on the half hour. (Try giving a P.A to passengers on arrival time in New Delhi, India near the end of a 14-hour flight).

Keep in mind that the baseline of the international time zone system is still in Greenwich, England. The Prime Meridian is the meridian or line of longitude at which longitude is defined to be 0°. Currently, the Prime Meridian is in Greenwich, as decided by International

Convention, but it has been in (or advocated to be in) Paris, Philadelphia, and near the Great Pyramids of Giza, among other locales. The modern Prime Meridian goes south from the North Pole through the United Kingdom, France, Spain, Algeria, Mali, Burkina Faso, Togo, Ghana, Queen Maud Land (Antarctica), and on to the South Pole. A laser projecting from the Royal Observatory structure in Greenwich marks the location's genesis.

Greenwich itself is a popular tourist destination. It includes the Royal Observatory, perched on a hill overlooking the River Thames, and the Shepherd Gate Clock, which was the first to provide Greenwich Mean Time to the public. The clock is unique in the fact that the hour band goes around the dial once every 24 hours, so that at noon it's pointing to the bottom.

Atop the observatory is the conspicuous red-painted Greenwich "time ball." The ball has dropped every day since 1833 at precisely 1:00 pm, serving as a visual cue to the navigators on the River Thames to synchronize their clocks. In comparison, overhead satellites send continual signals to update flight deck clocks. Why not drop the ball at noon? Well, the astronomers chose one o'clock because at noon they were too busy with their astronomical duties of measuring the sun as it passed the local meridian. The ball-dropping event is somewhat uneventful. It rises half way to the top at 12:55 and reaches the top at 12:58, dropping exactly at 1.00 p.m., but without noise—so be careful! With a blink of an eye, you may miss it. If you're planning to make a tourism stop, make sure you plan to get there before one o'clock local so you can see the red time ball drop.

Weather has no political boundaries and the parameter used to observe and forecast it shares a commonality all countries in the world can agree to—universal time. "Zulu" keeps aviation and weather in sync.



Shephard Clock: 12 noon points to the bottom. The minutes are inscribed on a different scale. The time is 6 minutes after 11:00 am local.



The red-orange time ball slowly on the rise. It's about 12:55 p.m local.

FACTS



• The difference between 2400Z and 0000Zwhich both depict midnight Zulu-2400Z is used for the end of the day and 0000Z is for the beginning.

- GMT is still often used as a synonym for UTC.
- Be careful when observing charts labeled 0000Z, because this designation indicates the start of a new day. For example, 0000Z on the 24<sup>th</sup> is actually 1900 Eastern Standard Time on the 23<sup>rd</sup>.
- Greenwich is a must see for any aviator and can be accessed by the "tube," the historic underground foot path or scenic boat ride.



Most aspiring pilots face the daunting task of building flight hours needed to attain those golden airline careers. Many times, these aspiring pilots pay their dues at small bottom-feeder companies whose reputations are dubious and whose procedures may raise some eyebrows.

I, like most pilots pining for that illustrious flying job, decided to leave my cushy federal posting as a meteorologist and jump ship to fly Navajos at a small air courier operation based in Halifax, Nova Scotia. I soon realized it was nothing but 'bush flying' on Canada's East coast. With the planes barely equipped for IFR, the weather took top priority on the list of challenges. Our procedure for deicing the windscreens while flying (few were electrically heated) had us reaching our arm out from a small side window to scrape the window with a car windshield wiper on the approach.

The company had three runs departing in the wee hours of the morning. One five-airport route entailed flying from Halifax, N.S., to Moncton, N.B., to Chatham N.B (blessed with a 10,000-foot runway abandoned by the military), then further north to Bathurst, N.B, and Bonaventure, Quebec, before resting in Charlo, N.B for the day and back-tracking along the same route in the evening.

Bonaventure, Quebec, before resting in Charlo, N.B for Going captain came fast, and during the first week the day and back-tracking along the same route in the after getting my fourth stripe, the weather came down in New Brunswick. We requested special VFR out of evening. Bathurst only had an NDB (Non Directional Bea-Chatham following the usual procedure; however, the con) i.e. non-precision approach, but its high break-out six-hundred-foot overcast cloud deck quickly turned limits meant a successful landing in low crappy weather into two hundred feet of overcast over the hills to the wasn't going to happen. Besides, time was crucial in the north. I told my first officer we would take the highway courier business, so doing a 'straight-in scud run apinto Bathurst, as it was the first recognizable object to proach' proved faster and far more productive than a appear while we were frantically scanning for landmarks full-procedure NDB approach. The procedure to get into in the murky conditions. There we were, less than two Bathurst with dubious weather was to request special hundred feet above the deck, barreling down over the VFR out of Chatham, head due north to hit the railway highway at 180 knots. Two things I didn't realize: first,

## APPENDIX III

# THERE I WAS...

tracks and then follow them into the airport. Yes, for us, IFR meant "I Follow Railroads"—classic 'scud running'.



I noticed, during my days as a first officer when the weather was good, the construction of a new highway that started from Chatham and *appeared* to head all the way to Bathurst. I decided that, when I went captain, I would fly low and over the highway instead of using the railroad technique. the new highway wasn't completed and it quickly ran into the old highway, and second, the old highway had very tall communication towers along the roadside. Luckily, my first officer knew about them, and all of a sudden, he yelled, "Tower!!!" It was a ghastly feeling, flying so close to the tower with the guy wires clearly visible. The tower flashed strobes, which meant that, unseen in the gloom, it poked menacingly into the sky to at least five hundred feet. Farther down the road, we narrowly navigated around two other, smaller towers. We did make it into Bathurst and finally to our last stop, but the lesson learned proved insurmountable. My first officer, still a good friend to this day, brings it up as one of those "*There we were…*" stories!



As for me, I've been teaching weather to 'wannabe pilots' for years, and I always end my last class with my 'brush with death' story. I drive it home to the class that they should always set limits for themselves, and if things start going to hell in a handbasket—get out of there! Also, do try to follow the procedures set out by the company; even if they seem a little different and questionable, they tend to be tried and tested.



**Absolute Altitude:** Height of an aircraft above the terrain **Absolute instability:** When the actual (environmenta temperature lapse rate exceeds the DALR (Dry Adiaba ic Lapse Rate).

- **Accretion:** Growth of a precipitation particle by the coll sion of an ice crystal or snowflake with a supercoole liquid droplet.
- **ADDS (Aviation Digital Data Service):** National Weatl er Service's aviation website.
- Adiabatic Cooling: Cooling of a gas by expansion.
- Adiabatic Heating: Warming of a gas by compression.
- **Adiabatic Process:** Change of temperature of a gas be expansion or compression without the transfer of here with a parcel of air and its surroundings.
- **Advection Fog:** Formed when relatively warm moist a advects over a cool surface.
- **Advection:** Horizontal movement of air. (See Convection the vertical movement of air).
- **Aggregation:** Clustering of ice crystals to form snow flakes.
- **AGL (Above Ground Level):** Cloud heights are reported AGL in METARs and TAFs.
- **Air Density:** Air density decreases with increasing altitude similar to pressure. It also changes with temperature and humidity. At sea level and 15 °C, air has a density of approximately 1.225 kg/m3.
- **Air Mass Thunderstorm:** Produced by a local air mas sometimes called garden-variety thunderstorms, but more correctly termed "pulse" thunderstorms. Some book downplay their intensity. They can still ruin your day.

# **GLOSSARY**

	<b>Air Mass:</b> A large body of air in which temperature and
	moisture are uniform throughout the horizontal.
n.	AIRMET (Airmen's or Airman's Meteorological Advisory)
al)	or (Airmen's Meteorological Information): Descrip-
it-	tion of weather occurring or may occur (forecast) along
	an air route that may affect aircraft safety.
li-	Albedo: Reflectivity of the earth's surface and its atmos-
ed	phere.
	Alberta Clipper: A small but fast moving low pressure
h-	system that forms to the lee of the Rocky Mountains
	(Alberta, Canada).
	Aleutian Low: Low pressure system that develops near
	the Aleutian Islands, Alaska.
by	Altimeter Setting (QNH): The local pressure value set to
at	the scale of a pressure altimeter to read altitude above
	mean sea level. It is calculated by adding the weight of a
ir	fictitious column of air between the elevation of the sta-
	tion and mean sea level based on a temperature of $15^\circ C$
n,	and a standard lapse rate of 1.98°C/1,000 feet. Please
	note Mean Sea Level calculations use an average 12-hour
N-	temperature.
	Altimeter: Instrument that indicates altitude of an air-
in	craft usually above sea level.
	<b>Altocumulus (Ac):</b> Middle cloud. May produce a light
de	shower.
re	Altocumulus Castellanus (Acc): Unstable middle cloud
of	with a common base and turrets (castellations).
	Altocumulus Standing Lenticular (ACSL): Middle based
ss;	lenticular cloud possibly indicating a mountain wave.
re	Altostratus (As): A stable middle cloud. A precursor to
ks	advancing weather.
	AMDAR (Aircraft Meteorological Data Relay): System

obtains meteorological data from the aircraft's navigation and flight data systems.

- **Anabatic Wind:** In mountain meteorology, an upslope wind created by heating (usually daytime insolation) of the slope surface under fair-weather conditions.
- Analysis: Interpretation of the pattern of various weather parameters on a surface or upper air chart.
- Anemometer: Strictly speaking, it's an instrument for measuring wind speed only, with many having three cups. But newer and more modern devices are vane anemometers which measure both speed and direction. The anemometer is normally exposed at the internationally agreed height of 10 meters (about 33 feet).
- Aneroid Barometer: Instrument for measuring atmospheric pressure that does not involve liquid.
- Angular Momentum: A result of an object's mass, velocity and radial distance of rotation.
- Anomalous Propagation (AP): False radar returns produced by unusual rates of refraction in the atmosphere.
- Anticyclonic Flow: Clockwise rotation of air around an anticyclone (high pressure) in the Northern hemisphere. Anti-ice Fluid: Fluid that prevents ice and snow accretion
- and designed to shear away during the takeoff roll.
- **Anti-Icing Equipment:** Aircraft equipment used to prevent airframe icing.
- Anti-icing fluid: It provides protection against the formation of frost and/or ice and the accumulation of slush and/or snow on treated surfaces of an aircraft for a specific time during active frost, frozen precipitation, and freezing precipitation.
- Anvil Cloud: Top portion of a cumulonimbus due to a flattening effect as it hits the tropopause taking on the appearance of a blacksmith's anvil.



Anvil cloud associated with a cumulonimbus cloud topped at 46,000 to 50,000 feet over Montana,

Arctic Air Mass: Cold dry air mass.

**Arctic Sea Smoke:** Fog which forms when very cold air moves over warmer water.

- **ARINC:** Aeronautical Radio Incorporated. Provider of transport communications and systems engineering solutions for aviation and other industries.
- ASL (Above Sea Level): Also, known as MSL (Mean Sea Level). Altitude of any object relative to the average sea level datum.
- ASOS (Automated Surface Observing System): Weather observing system operated and controlled by the NWS, FAA and DOD (Department of Defense).
- ATIS (Automatic Terminal Information Service): A continuous broadcast of recorded aeronautical information in busier terminal areas.
- Atmosphere: The compilation of gases that surround the earth.
- **Atmospheric Moisture:** The presence of water in vapor, solid or liquid states typically ranging from zero to 4%.
- Atmospheric Pressure: The weight of a column of air measured in inches of mercury (Hg), millibars, hectopascals (hPa), pounds per square inch, millimeters of mercury, etc.
- **Attenuation:** Reduced radar intensity due to absorption by clouds and precipitation.
- Aurora Borealis: The luminous radiant emission from the upper atmosphere that appears over middle and high latitudes, and is centered on the earth's magnetic poles.
- AWC (Aviation Weather Center) The main aviation forecast center for the U.S located in Kansas City, Missouri. AWOS (Automated Weather Observation System)
- Automated weather sensors designed to serve aviation and meteorological observing needs for safe and efficient aviation/weather operations.

AWWS (Aviation Weather Web Site): NAV CANADA's site to disseminate Canadian aviation weather.

#### Β

Backing: Change of wind direction in a counterclockwise direction. Opposite of veering.

**Baroclinic Zone:** Transitional or mixing zones at or near fronts.

- Barometer: Device to measure atmospheric pressure Two types are mercurial and aneroid.
- Beaufort Wind Force Scale: A scale ranging from zero 12 used to estimate the force of marine and land wind based on observed effects on sea state or on land.
- Bergeron Process: Ice crystal theory. A process that pro duces precipitation. Tiny ice crystals in a supercoole cloud growing larger at the expense of the surrounding liquid droplets.
- Bermuda High: Semi-permanent subtropical high over Bermuda's waters.
- Billow Cloud: Puffy cumulus cloud.
- Blizzard: A snowstorm characterized by low temperatures, strong winds with low visibilities in drifting and blowing snow with substantial snow accumulations. 1. Sustained winds or frequent gusts must be 35 mph (30 knots) or greater. 2. Significant falling and/or blowing snow reducing visibility to under a 1/4 mile. 3. These conditions must continue for at least three consecutive hours.
- **Blocking System:** Large-scale patterns in the atmosphere that are nearly stationary which block or redirect weather systems. They are also known as blocking highs or blocking anticyclones. An Omega block is a blocking system.
- Blowing Dust (BLDU): Dust raised by the wind to moderate heights above the ground. If the visibility is reduced to 1/4 SM or less, blowing dust and blowing sand will be reported as heavy (+BLDU). The visibility at eye level is reduced.
- Blowing Sand (BLSA): Sand raised by the wind to moderate heights above the ground. If the visibility is reduced to 1/4 SM or less, blowing dust and blowing sand will be reported as heavy (+BLSA). The visibility at eye level is reduced.
- Blowing Snow (BLSN): Snow raised by the wind to sufficient heights above the ground to reduce the horizontal visibility at eye level to 6 SM or less.
- Blowing Spray (BLPY): Visibility reduced to high winds blowing spray onto the airport. You may see this observed during hurricane season.
- **Boiling:** When water changes from liquid to a gas (vapor) at standard pressure (100°C or 212°F) at sea level.
- **Boundary Layer:** The layer of the atmosphere from the

e.	surface to approximately 2,000 feet where friction plays
	a major part on flow.
to	Broken (BKN): Cloud layer covering 5/8 to less than
ds	8/8ths (or 7/8ths) of the sky and constitutes a ceiling.
	<b>Buoyancy:</b> The property of an object that allows it to
0-	float on the surface of a liquid or ascend through air.
ed	Buys Ballot's Law: By standing with one's back to the
ng	wind in the northern hemisphere the low pressure is to

the left.



**Calm:** Absence of wind with speeds near zero.

Campbell Stokes Recorder: Measures amount of sunshine by burning onto a paper card through the magnifying glass ball. Most weather offices no longer use this device.



Campbell Stokes recorder.

**Cap Cloud:** A stationary cloud crowning a mountain or hill. It may be associated with a mountain wave.

**Carburetor Icing:** The formation of ice in the carburetor when moist air is cooled to the frost point. It can be detrimental to engine operation.

CAT (Clear Air Turbulence): Associated with jet streams but NOT always. CAT is high-level turbulence not associated with convective clouds.

Water Vapor: Gaseous form of water.

- **Waterspout:** A tornado that occurs over water, and generally less severe than a tornado.
- **Wave:** A ripple or kink that forms on a surface front whereby circulation about a developing low pressure transpires.
- **Wet Bulb Temperature:** Lowest temperature that can be obtained by evaporation. Along with the dry bulb temperature, it is used to calculate the dewpoint temperature.
- **White Out:** Caused by a low sun angle and overcast skies over a snow-covered terrain where depth perception is poor or lost.
- Wind Shear: A change in wind direction and/or speed either in the horizontal or vertical over a short distance. Wind: Horizontal motion of air.
- WMO (World Meteorological Organization): Specialized agency of the United Nations for meteorology (weather and climate) headquartered in Geneva, Switzerland.WS: Abbreviation for SIGMET.
- **WV:** Abbreviation for Volcano SIGMET. (WV—Warning Volcano)
- **WSI:** Private company from the Weather Company that supplies a gamut of aviation forecasts and observations.



- **Zonal Flow:** Winds that predominantly flow from west to east or east to west along lines of latitude.
- **Zulu Time (Z):** UTC or (Coordinated Universal Time) or (Universal Coordinated Time). Formerly Greenwich Mean Time (GMT).



Shepherd's clock. One of the many sights you will see in Greenwich, England where "time starts" and where "east meets west."



**Absolute Instability** 9, 13, 20 **Accretion** 119, 122–125 ADDS (Aviation Digital Data Service) 227 Adiabatic Cooling 11, 57 Adiabatic Heating 11 Adiabatic Process 11 **Advection** 16, 69, 71, 75, 136, 259 Advection Fog 53-60, 72, 81, 327, 330-337 Aerosols 1, 26, 65 **Aggregation** 48 Air mass 14, 16, 18, 56–59, 69–85, 96, 135–137, 149, 152, 154 155, 159, 162, 165–170, 243, 246, 249, 254, 284, 297, 333 Air Mass Thunderstorms 165, 166, 169, AIRMET (Airmen's Meteorological Advisory) 65, 122 193, 195, 196, 202–212, 227–231 **Albedo** 5, 292 Aleutian Low 35 Altimeter 10, 31, 32, 34, 41, 78, 91, 97, 114, 115, 154, 155, 16 171, 173, 177, 180, 219-225, 256, 302, 303, 326, 334 **Altimetry** 31, 125, 161 Altocumulus (Ac) 21, 23, 24, 30, 81, 119, 136, 152, 155, 17 Altocumulus Standing Lenticular (ACSL) 21, 30, 152 155, 179 **Altostratus** (**As**) 23, 30, 50, 80, 119 **Ambient Temperature** 43, 44, 66, 118, 129, 131, 177 AMDAR (Aircraft Meteorological Data Relay) 216, 262 **Anabatic Wind** 98, 99, 155 **Anemometer** 94, 173, 297 Aneroid Barometer 31–33, 219 Anomalous Propagation 17, 18, 275, 277, 279, 284 Anti-lcing 124, 125, 128-130

# **INDEX**

<b>Anvil</b> 21, 27, 160–165, 179, 287
<b>Arctic Haze</b> 334, 335, 337
Arctic Sea Smoke 57, 69
Arctic Stratospheric Jet 253, 254
ATIS (Automatic Terminal Information Service) 67, 87,
129, 173, 221, 222
<b>Atmosphere</b> 1–16, 22, 24, 26, 29, 31, 32, 39, 40, 47, 48, 53–
59, 64, 75, 88, 93, 99, 111, 134–141, 149, 155, 160, 168, 215,
220, 223, 229, 237, 246, 248, 251, 255, 259, 271, 271–275,
291, 297, 307–309, 312, 317, 321, 335
Atmospheric Layers 295
<b>Atmospheric Pressure</b> 4, 31, 33, 46, 70, 87, 108, 109, 180,
219, 220, 223, 255, 325, 330
Atmospheric Stability 9, 64, 100, 148
<b>Attenuation</b> 276, 279, 284, 286, 288
Aurora Borealis 4, 306
<b>AUTO</b> (Automatic Weather Station) 28, 43, 62, 66, 68,
171–179, 184
AWC (Aviation Weather Center) 22, 193, 202–211, 227–
236, 238, 244, 251, 257, 263–269, 290, 316
AWOS (Automatic Weather Observing System) 43, 173, 176
В
Backing 87, 101
Baroclinic Zone 75
<b>Barometer</b> 31–34, 80, 219
Beaufort Scale 349
<b>BECMG</b> ( <b>Becoming</b> ) 187, 188, 190, 191
Bergeron Process 48, 52
<b>Bermuda High</b> 107, 110
Billowy Cloud 16
Billowy Cloud 16 Blowing Sand 66, 349

Blowing Snow 63, 66, 68, 127, 174, 189, 330, 334 Blowing Spray (BLPY) 349 Boiling 349 Boundary Layer 26, 54, 88, 96, 119, 120, 137, 212 Broken (BKN) 61, 95, 175, 178, 186–189 Brume 53, 59, 60 Buoyancy 9, 79, 148, 149 Buoyancy Waves 155 Buys Ballot's Law 38, 246, 257

С

**Campbell Stokes Recorder** 181 Cap Cloud 152, 155 Carburetor Icing 43, 115 **CAT** (Clear Air Turbulence) 22, 139, 145, 149, 199, 201, 229, 251 **CAVOK** 175, 184 CDF (Central Deice Facility) 122, 123, 129 **Ceiling** 14, 20, 24, 28, 31, 61–66, 80, 144, 172–197, 205, 209, 210, 230, 264, 326-330, 336 **Centrifugal Force 38, 115** Chinook 18, 89, 98, 154, 155, 328, 337 **Chop** 142–145 **Circulation** 6, 37, 39, 40, 71, 85, 99, 103, 108, 111, 169, 251, 276, 292, 293, 296, 298, 300, 331 Cirrocumulus (Cc) 21-23, 30, 152, 179 **Cirrostratus (Cs)** 22, 30, 80, 292 Cirrus (Ci) 21, 22, 28, 30, 80, 118, 139, 161, 164, 167, 195, 198, 231, 250, 281, 291, 293 Clean Aircraft Concept 127 **Clear Ice** 82, 120, 126, 129, 131 Climate 8, 29, 48, 109, 151, 161, 312, 323-326, 333, 335 CMAC (Canadian Meteorological Aviation Center) 195, 196 **Coalescence** 48, 52 **Coffin Corner** 150, 166 **Col** 35 **Cold Front** 19, 25, 75–85, 96, 137, 148, 158, 159, 166, 187, 190, 198, 217, 242, 250, 293 Cold Soaked Wing 129 **Comma Cloud** 293, 296 **Condensation Level** 14, 15, 54 **Condensation Nuclei** 47, 54, 58, 64, 163 **Condensation Trails** 28, 30

**Conduction** 6–8, 53 **Continental Arctic Air Mass (cA)** 70–72 **Contrails** 28, 29, 142 **Convection** 6–10, 15, 24, 49, 55, 72, 79, 93, 94, 99, 109, 111, 117, 121, 135, 139, 158, 161, 164, 201, 203, 204, 210, 227, 231-234, 239, 249, 272, 278, 299, 301, 302 **Convective Turbulence** 134–136, 205, 229, 269 **Convergence** 38, 40, 41, 85, 103, 105, 106, 111, 158, 164, 289, 298, 303 **Cooling** 7-16, 43-47, 52, 54, 55, 57, 70, 80, 89, 98, 115, 120, 124, 134, 138, 164 **Coriolis Force** 36, 37, 41, 70, 87, 106, 253, 255, 262, 298, 324 **COTRA** (Contrail) 28 **CSI (Contaminated Surface Inspection)** 128 **Cumulonimbus** (**Cb**) 24, 27, 30, 51, 77, 81, 95, 118, 120, 140, 158, 163, 164-167, 175, 176, 179, 186-190, 196, 197, 264-269 Cumulus (Cu) 10, 14, 16, 21-27, 30, 48, 64, 71, 79, 103, 104, 118, 126, 134, 135, 136, 139, 163–165, 170, 292, 293, 331 **Cyclogenesis** 75, 76, 329

**Cyclone** 35, 76, 201, 210, 250, 253, 267, 268, 289–302

#### D

DALR (Dry Adiabatic Lapse Rate) 11-15, 18, 20 Datalink 48, 50, 130, 172, 202, 278 Deepen 34, 330, 331 **Deformation Zone** 139, 293 **Deice Equipment** 120 **Deicing** 115, 119–130, 199, 345 **DIIS (Deice Information System)** 130 Density 1, 2, 45, 46, 89, 143, 148, 149, 223, 271, 284 **Density Altitude** 45, 46, 224, 225 **Deposition** 21, 28, 46–48, 51, 52, 58, 117, 120 **Derechos** 95 **Dew** 1, 54, 121 **Dew Point Temperature** 11, 14, 38, 43, 48, 51–54, 72, 78, 84, 158, 172, 177, 241 **Dewcel** 44 **Dissipation Stage** 26, 94 **Diurnal Variation** 96 **Divergence** 38, 40, 41, 80, 85, 106, 158, 298 **Doldrums** 104, 106, 111 **Doppler Radar** 88, 251, 271, 272, 275, 277, 279, 283

Downbursts 87, 89, 92
Downdrafts 51, 89, 92, 95, 134, 136, 151, 154, 159, 160, 161, 164, 220, 224, 282, 284
Downslope 97, 98, 154, 155, 326, 327
Drainage 98, 109
Drifting Snow 63, 66, 68, 174, 334, 337
Drizzle 19, 24, 47, 50, 51, 57, 64, 76, 79, 118, 120, 122, 129, 190, 273, 274, 288, 332
Dry Bulb 43
Dry Line 75, 238, 242
Dust Devil 37, 162
Dust Storm 66, 174, 175, 201, 209, 210

## E

EDR (Eddy Dissipation Rate) 135, 140, 229 ELR (Environmental Lapse Rate) 11, 13, 14, 20 East Coast Deepener 35, 330, 331 Echo 17, 18, 93, 170, 203, 232, 235, 271–279, 288 Eddy 9, 134 Equilibrium 13, 37, 40, 41 Equinox 7 Evaporation 6, 8, 43–47, 52, 57, 58, 60, 94, 115, 138, 164 Exosphere 4, 5, 8 Extratropical 299–303 Extratropical Cyclones 300 Eye (Hurricane) 293, 298, 301, 343

## F

Fahrenheit 43, 66, 240, 241
Fan Blade Damage 116
FB (Upper Winds) 211–213, 216, 218, 230
Ferrel Cell 103, 108, 109
Fetch 261
FEW 61, 178, 182, 187–190, 197, 224
Filling 34, 85
FIR (Flight Information Region) 278
Flex Temperature 44
Flight Dispatch 58, 166, 196, 312, 313
Foehn Wind 155
Fog 14, 16, 19, 24, 26, 30, 36, 38, 44–48, 53–68, 69, 81, 99, 110, 114, 118, 129, 141, 174–178, 183–190, 201, 241, 271, 289, 292, 296, 326–337, 341

```
Fold 243, 250
```

- Forward Scatter RVR Sensor 63, 68, 174

   Freezing Drizzle 50, 76, 118, 120, 121, 331

   Freezing Level 10, 15, 48, 52, 81, 113, 154, 159, 163, 167, 196, 198, 199, 205, 229, 259, 264, 274, 282, 285
- **Freezing Precipitation** 82, 115, 118, 125, 128, 181, 191, 208, 241, 328, 331, 333
  - **Freezing Rain** 16, 50, 52, 76, 81, 82, 118–122, 128, 231, 324, 329, 331
  - **Frontal** 16, 19, 57, 60, 76–85, 90, 96, 101, 137, 145, 158, 165, 166, 170, 180, 186, 228, 238, 245, 246, 249–254, 263, 297, 300, 302, 303, 328, 335
  - **Frontal Fog** 57, 60
  - Frontal Inversion 16, 19, 137
  - Frontal Lifting 158
  - Frontal Slope 78, 80, 85
  - Frontal Waves 154
  - Frontogenesis 84, 85
  - Frontolysis 84, 85
  - FROPA (Frontal Passage) 180, 185
  - Frost 47, 48, 51, 54, 88, 119, 120, 121, 124, 127–131
  - FSS (Flight Service Station) 173, 303
  - **Fujita Scale** 92, 166, 170
  - **Funnel Cloud** 161, 174, 181
  - Funneling 224, 336, 337

#### G

GCR (Galactic Cosmic Radiation) 305–313
General Circulation 111
Geostrophic Wind 37, 38, 255
<b>GFA</b> (Graphic Area Forecast) 189, 193–199, 231, 239, 253
Glacier Wind 99
Global Circulation 103–111
GOES (Geostationary Operational Environmental Satel-
lite) 290–295
Gradient (Pressure) 36–38, 96, 220, 240, 255, 262, 284,
334, 336
Graupel 271, 301
Gravity Waves~4, 79, 14, 136, 139-141, 147, 149, 153, 155, 168
Greenhouse Effect 6
Greenhouse Gases 6
<b>Ground Fog</b> 53, 54
<b>GTG</b> (Graphic Turbulence Guidance) 140, 229, 231

**Trade Winds** 104, 105, 111, 299

**Transmissometer** 63, 68

**Tropical Depression** 35, 158, 297, 303

Tropical Storm 35, 84, 268, 297, 300, 301, 303, 330

**Tropopause** 3, 8, 10, 11, 15, 19, 21, 27, 69, 70, 73, 74, 103, 106, 140, 147, 151, 160, 164, 168, 169, 243–254, 267–269, 287, 289, 333, 334

**Trough(s)** 34–36, 38, 11, 19, 69, 71, 88, 103, 111, 243, 245, 299 **Trough(s)** 34–36, 38, 40, 76, 78, 84, 104, 105, 108, 111, 139, 140, 149, 158, 165, 196, 218, 228, 238, 240, 242, 257, 259, 260, 261–264, 334

Trowal (Trough of Warm Air Aloft) 364

**True Altitude** 221–224, 245, 256

**True Wind** 87, 89, 173, 182, 186, 189, 193, 199, 212, 213, 216, 218, 220, 221

**Turbulence** 1, 3, 10, 15, 21, 22, 24, 27, 29, 47, 54, 79, 88–97, 100, 118, 126, 133–145...227, 229, 231, 243, 244, 247, 251–253, 264, 266–269, 281–284, 293, 302, 305, 318, 325 **Typhoon** 34, 35, 299

\_\_\_\_\_U

Unstable 9–20, 23, 24, 25, 64, 66, 69, 79, 80, 81, 96, 99, 109, 120, 134, 135–137, 148, 149, 153, 154, 158, 162, 166, 168, 170
Updraft 38, 39, 47, 48, 50, 51, 89, 117, 136, 140, 151, 154, 159–164, 167, 168, 169, 220, 224, 230, 244, 275, 282, 284, 285
Upper Air Charts 139, 255–259, 262
Upper Front 84
Upper Winds (FBs) 211–218, 230
Upslope Fog 57, 60

UTC (Universal Coordinated Time) 171, 172, 178, 185, 302, 341-343UV (Ultraviolet) 4, 309, 312

V\_\_\_\_\_

VAAC (Volcanic Ash Advisory Center) 316, 320, 322 Valley Fog 54, 327 Veering 85, 87, 101, 190, 216 VFR (Visual Flight Rules) 120, 122, 136, 155, 185, 191–194, 198, 199, 201, 202, 205, 210, 224, 264, 294, 320, 326–328, 332–337, 345 Virga 89, 92, 138, 139, 161, 277
Visibility 3, 14, 16, 17, 19, 20, 24, 44, 50, 54–68, 77–85, 123, 151, 169, 171–199, 205, 210, 219, 326–330, 335, 337
VMC (Visual Meteorological Conditions) 62
Volcanic Ash 67, 158, 201, 209, 210, 267, 315–322
Vortex 93, 108, 141, 142, 162, 253, 276
VV (Vertical Visibility) 66, 67, 176, 187, 188, 189, 190, 198

INDEX

#### W

WAFC (World Area Forecast Center) 254, 266-269 Wake Turbulence 62, 141, 142, 145 Warm Front 19, 57, 75, 76, 78-85, 96, 118, 125, 137, 242, 245.302 Warm Sector 76, 78, 79, 81, 82, 85, 253 Water Droplet(s) 21, 24, 28, 46-48, 58, 64, 113, 116, 117, 119, 120, 131, 152 Water Vapor 1, 4-8, 21, 22, 28, 30, 43-48, 52, 57, 58, 117, 120, 164, 249, 292-296 Waterspout 161, 174, 181 Weather Bomb 330, 331 Weather Charts 35, 37, 76, 83, 206, 239, 241, 256, 263, 269, 286 Weather Radar 17, 18, 90, 94, 157, 164–170, 235, 271–279, 281-289, 317, 322 Wet Bulb Temperature 43 **White Out** 366 Wind Chill 334 Wind Shear 17, 79, 87-101, 134, 137, 138, 145, 154, 157, 160, 162, 164, 169, 186, 199, 205, 206, 209, 243, 283, 299, 303 Wingtip Vortices 141, 142 **WS** (**SIGMET**) 201–210, 227, 229, 231, 322 WSI (Weather Service International) 172, 235, 267, 276, 312, 369

Ζ

Zenith 105, 364 Zonal Winds 262 Zulu Time 172, 341–343



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"The easiest thing in life is to do nothing—don't settle for *idleness. Learn, do and experience as much as you can.*" -Captain D

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379